REGISTERED CHARITY NUMBER 278998

THE PHOENIX STROKE CLUB

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 March 2022

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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees:

Dr. R. Bailey
Mr D.G. Burstow
Mrs L. Niven
Mrs C. Williams
Mr M.I. Haverson
Mrs E. Kitchen
Dr. N Broomhead
Mrs J. Wakeman
Mrs P. Roadley

Independent Examiner:

Lucy Hammond BSc FCA Kreston Reeves LLP 85 Donnington Park 9 Birdham Road Chichester West Sussex PO20 7AJ

Bankers:

Barclays Bank 2 The Carfax Horsham West Sussex RH12 1DN

Principal Address:

Forest Community School

Comptons Lane Horsham West Sussex RH13 5NW

REPORT OF THE TRUSTEES

YEAR ENDED 31 March 2022

The trustees submit their annual report and financial statements for the period ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" effective 1 January 2019.

Structure, Governance and Management

The Charity was formed under a Trust Deed and Constitution each dated 13 November 1979. The Constitution has subsequently been updated and replaced by a new Constitution with amended objects approved by a Charity Commission Scheme dated 14 June 2016. The charity registration number is 278998.

The trustees actively consider the recruitment of new trustees. Trustees may be appointed at a general meeting of the members of the Club.

The day to day running and development of the Club is undertaken by a part time club supervisor appointed by the trustees along with a group of volunteers.

Trustees

The trustees who served during the year and up to the date of signing the financial statements, unless otherwise stated, were:

Mr N.I. Haverson (resigned 19th July 2022)
Dr. R. Bailey
Mr D.G. Burstow
Mrs L. Niven
Mrs C. Williams
Mr M.I. Haverson
Mrs E. Kitchen
Dr. N Broomhead
Mrs J. Wakeman

Objectives and Aims

Mrs P Roadley

Updated "Aims and Objectives" of the Club have been approved by a Charity Commission Scheme dated 14 June 2016 as follows:-

"The object of the Club is the relief of stroke survivors and others with similar neurological problems by the provision of a safe environment in the interests of social welfare so that their condition of life may be improved by rebuilding confidence and assisting with recovery of their social and communication skills."

The charity aims to achieve this by:

Providing a caring and comfortable environment where people who have suffered strokes or other neurological disorders will have the opportunity to improve the quality of their lives and regain their confidence through the support, advice and encouragement offered;

Providing constant liaison between relatives and close friends of such persons and the charity;

Organising activities both indoors and outdoors for the enjoyment and benefit of the club members; and

Providing practical support to assist with the recovery of physical and communication skills.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Club's aims and objectives and in planning future activities.

REPORT OF THE TRUSTEES

YEAR ENDED 31 March 2022

Achievements and Performance

The Phoenix Stroke Club was able to finally reopen to the members in May 2021 as lockdowns were lifted. Whilst there have been the odd occasion where we have closed the club for the health of members we have been able to return to a level of normality in the club which is allowing the members to benefit from the new premises.

The Trustees had been successful at obtaining further funds of government support as restrictions remained at the start of the year which supported the ongoing support of the members. Funding was also secured to enable the Trustees to renovate the outside space of the club to give further areas for the members to enjoy whilst at the club.

The statement of financial activities (page 5) shows a significant reduction in income during the current year. The reduction is due to the significant funds received last year for the building project. The income in the current year is back in line with our normal levels of activity. The Club has continued to benefit from a number of donations from various donors as well as statutory bodies due to the imposed lockdown at the start of the period as well as funding towards the garden development. With the commencement of using the new building, depreciation will be recognised as the club benefits from the building which increase our accounting costs in the future. As a result the net expenditure in the year was £23,715 and our closing cash position was £58,772.

With the club reopening and the increased space, the Club Supervisor has been looking to increase the number of members benefiting from the club. Inevitably taking into account the medical history of our members numbers have offset the new members but slightly in the total number of members benefiting from our facilities and services continues to be around 50 and we enjoy the help and support of around 25 volunteers.

Risk Management

The trustees are responsible for the management of the risks faced by the Charity. Risks are identified, assessed, and controls established throughout the period. A formal review of the Charity's risk management process is undertaken on an annual basis. The key controls used by the Charity include a formal agenda for trustee activity and trustee involvement in all decisions taken. Through the risk management process established by the Charity, the trustees are satisfied that the major risks identified have been adequately mitigated where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Public benefit

In planning activities within the Club the Trustees are mindful of their responsibilities to meet the Charity Commission's guidance on Public Benefit from the purposes for which the charity was established.

- 1. Providing a caring and comfortable environment where people who have suffered strokes or other neurological disorders will have the opportunity to improve the quality of their lives and regain their confidence through the support, advice and encouragement offered.
- The Club provides a number of activities designed to provide constructive help, support and encouragement to enable the members to enjoy as full a life as possible for them as an individual and to help them continue with their own rehabilitation.
- 2. Providing constant liaison between relatives and close friends of such persons and the charity;
- The club recognises the benefits of supporting Member's Carers and provides a specific forum for Carers to meet on their own, encourages Carers to join in the Annual Holiday and provides carers with written information and signposting to external support where appropriate.
- 3. Organising activities both indoors and outdoors for the enjoyment and benefit of the club members;
- The Club organises a number of outings for Members and their Carers away from the Club premises as an additional means of stimulation and support.
- 4. Providing practical support to assist with the recovery of physical and communication skills.
- The Club provides a specific communications group on an on-going basis to assist those members who require this level of support to enable them to communicate with others via a number of different means not just verbal. This last year the Club has started a new service to provide members with an individual physiotherapy and occupational therapy assessment to provide a tailor made exercise package to assist the member in their on-going rehabilitation.

REPORT OF THE TRUSTEES

YEAR ENDED 31 March 2022

Reserves Policy

The charity requires reserves to ensure that it can meet all its commitments to the members, staff and volunteers. There are three types of reserves held:

a) Restricted reserves

Grants and donations received by the Charity which can only be used for the specific purposes specified by the donor. This includes funds received from various charitable bodies and other grant making organisations for the management and development of the Club, grants made for specialist projects and for trips, and money received to cover the costs of employing care assistants.

b) Designated reserves

These are monies set aside by the trustees for specific purposes including the Buildings Reserve (which is essential for the future maintenance and repair of the fabric of the Clubhouse and its possible replacement in the future) and a reserve to fund the provision of specialised services to our members such as, but not exclusively, physiotherapy.

c) Other unrestricted reserves

A reserve of accumulated surpluses which the charity is free to use as it sees fit to enable the continuation of its activities.

The trustees have attempted over the last few years to set aside reserves with a view to accumulating general unrestricted cash reserves up to a level equivalent to two years of expenditure.

Analysis of unrestricted income funds

Total unrestricted income funds	£352,433
Less designated reserves	(£15,000)
Less non cash unrestricted funds (such as fixed assets)	(£307,618)
Unrestricted available cash	£29.815

At the end of the financial year ending 31st March 2022 the unrestricted cash held by the charity was £29,815 being the unrestricted income funds less cash for designated activities and non cash reserves. This equates to 6.6 months of unrestricted cash requirements (unrestricted expenditure less depreciation). This is below the target set by the Trustees therefore there remains a focus for the charity to continue to source ongoing long term financial support for the club to enable it to meet unforeseen challenges.

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The reopening of the club has provided ongoing financial income as well as a number of significant donations subsequent to the year end has improved the financial stability of the club. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Statement of trustees' responsibilities

The trustees are required to prepare the financial statements of each financial year which give a true and fair view of the state of affairs of the club and of the surplus or deficit of the club in that period. In preparing these financial statements, the trustees are required to:

Select suitable accounting policies and apply them consistently;

Observe the methods and principles of the Charities SORP (FRS 102);

Make judgements and estimates that are reasonable and prudent;

State whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material

departures disclosed and explained in the financial statements; and

Prepare the financial statements on a going concern basis unless it is inappropriate to assume that the club will continue in business.

The trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on January and signed on their behalf by

Mr M.I. Haverson

M Havee

Trustee

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 March 2022

Income from: Foundations		Notes	Unrestricted Funds	Restricted Funds	2022	Unrestricted Funds	Restricted Funds	2021
Donations Sequelse and grants Sequence Sequence		notes						
Donation	Income from:		-	_	_	_	-	_
Government grants 10,000 - 10,000 27,87 12,27 40,114 Sponsorship 565 565	Donations, legacies and grants							
Covernment grants 10,000 10,000 27,657 12,257 40,114 Sponsorship	Donations		21,709	20,150	41,859	156,855	11.725	168,580
Sponsorship	Government grants		10,000	-	10,000	27,857		
Members Subscriptions 19,708 19	Sponsorship		_	-		565	-	565
Nembers' subscriptions 19,708 19,			-	-	-	-	6,836	6,836
Raising funds	Charitable activities						•	•
Hire of the clubroom 3,334 - 3,334 546 - 548 Investments 1,713 - 1,713 Total incoming resources 54,751 20,150 74,901 187,538 30,818 218,356 Expenditure on:	Members' subscriptions		19,708	-	19,708	-	= _	-
Interest received -	Raising funds							
Total incoming resources	Hire of the clubroom		3,334	-	3,334	<i>548</i>	-	<i>548</i>
Total incoming resources 54,751 20,150 74,901 187,538 30,818 218,356	Investments							
Expenditure on: Charitable activities Cleaners' wages 3,901 3,901 - 2,6 2,6 Ground rent and rates 367 367 276 276 276 Legal and professional fees 2,753 2,08 2,2753 208 2,08 Light and heat 3,021 3,021 3,260 3,260 Insurance (buildings and liability) 1,047 - 1,047 988 - 888 988 Repairs and renewals 11,601 12,690 24,291 972 4,786 5,758 Telephone 972 - 972 1,013 - 1,013 Postage, stationery and advertising 2,353 2,353 344 344 Catering, activities, gifts and Christmas 4,911 4,911 405 4,951 Transport expenses 84 84 284 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - 5,880 5,880 - 1 2,57 Training of staff and volunteers 430 430 620 620 620 Training of staff and volunteers 430 430 620 620 620 Total resources expended 70,046 28,570 98,616 30,947 19,043 49,990 Net income/(expenditure) (15,295) (8,420) (23,715) 156,591 11,775 168,366 Transfers between funds 7,418 (7,418) - 32,745 (32,745) -	Interest received		-	-	-	1,713	-	1,713
Cleaners wages 3,901 - 3,901 - 2,66 -	Total incoming resources		54,751	20,150	74,901	187,538	30,818	218,356
Cleaners' wages 3,901 - 3,901 -								
Ground rent and rates 367 - 367 276 - 276 Legal and professional fees 2,753 - 2,753 208 - 208 Light and heat 3,021 - 3,021 3,260 - 3,260 Insurance (buildings and liability) 1,047 - 1,047 988 - 988 Repairs and renewals 11,601 12,690 24,291 972 4,786 5,758 Telephone 972 - 972 1,013 - 1,013 - 1,013 Postage, stationery and advertising 2,353 - 2,353 344 - 344 Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - 5,880 5,880 Training of staff and volunteers 430 - 430 620 - 620 Depreciationand loss on disposal of a								
Legal and professional fees 2,753 - 2,753 208 - 208 Light and heat 3,021 - 3,021 3,260 - 3,260 Insurance (buildings and liability) 1,047 - 1,047 988 - 988 Repairs and renewals 11,601 12,690 24,291 972 4,786 5,758 Telephone 972 - 972 1,013 - 1,013 - 1,013 Postage, stationery and advertising 2,353 - 2,353 344 - 344 Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - 5,880 5,880 Training of staff and volunteers 430 - 430 620 - 620 620 Depreciationand loss on disposal of assets 16,117 - 16,117 176 - 176 Total resources expended 70,046 28,570 98,616 30,	•			-	-	-	-	-
Light and heat 3,021 - 3,021 3,021 3,260 - 3,200 Insurance (buildings and liability) 1,047 - 1,047 988 - 988 Repairs and renewals 11,601 12,690 24,291 972 4,786 5,758 Telephone 972 - 972 1,013 - 1,013 Postage, stationery and advertising 2,353 - 2,353 344 - 3,44 Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,68 Therapies Specialists - 5,880 5,880				-			-	
Insurance (buildings and liability)				-			-	
Repairs and renewals 11,601 12,690 24,291 972 4,786 5,758 Telephone 972 - 972 1,013 - 1,013 Postage, stationery and advertising 2,353 - 2,353 344 - 344 Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 224 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - - 5,880 - - - - Professional care assistants 11,875 - 11,875 - - - - Training of staff and volunteers 430 - 430 620 - 620 Depreciationand loss on disposal of assets 16,117 - 16,117 176 - 176 Total resources expended 70,046 28,570 98,616 30,947 19,043 49,990 Net income/(e				-		-	-	
Telephone 972 - 972 1,013 - 1,013 Postage, stationery and advertising 2,353 - 2,353 344 - 344 Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 204 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Theraples Specialists - - 5,880 5,880 - - - - Professional care assistants 11,875 - 11,875 -				42.500			-	
Postage, stationery and advertising 2,353 - 2,353 344 - 344 Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - 5,880			•	12,690	•		4,786	•
Catering, activities, gifts and Christmas 4,911 - 4,911 405 - 405 Transport expenses 84 - 84 284 - 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - - 5,880 5,880 - - - - Professional care assistants 11,875 - 11,875 -				-		•	-	•
Transport expenses 84 - 84 284 - 284 Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - - 5,880 5,880 -				-	•	- • •	-	
Staff wages 3 10,615 10,000 20,615 22,401 14,257 36,658 Therapies Specialists - 5,880 5,880 - <t< td=""><td></td><td></td><td></td><td>-</td><td></td><td></td><td>-</td><td></td></t<>				-			-	
Therapies Specialists - 5,880 5,880 -		2		40.000			-	
Professional care assistants 11,875 - 11,875 -		3	10,615	.,			14,25/	36,658
Training of staff and volunteers 430 - 430 620 - 620 Depreciationand loss on disposal of assets 16,117 - 16,117 176 - 176 Total resources expended 70,046 28,570 98,616 30,947 19,043 49,990 Net income/(expenditure) (15,295) (8,420) (23,715) 156,591 11,775 168,366 Transfers between funds 7,418 (7,418) - 32,745 (32,745) - Fund balances brought forward at 1 April 2021 360,310 29,795 390,105 170,974 50,765 221,739			- 44.075	5,880		-	-	-
Depreciation and loss on disposal of assets 16,117 - 16,117 176 - 176 Total resources expended 70,046 28,570 98,616 30,947 19,043 49,990 Net income/(expenditure) (15,295) (8,420) (23,715) 156,591 11,775 168,366 Transfers between funds 7,418 (7,418) - 32,745 (32,745) - Fund balances brought forward at 1 April 2021 360,310 29,795 390,105 170,974 50,765 221,739				-	-	-	-	
Total resources expended 70,046 28,570 98,616 30,947 19,043 49,990 Net income/(expenditure) (15,295) (8,420) (23,715) 156,591 11,775 168,366 Transfers between funds 7,418 (7,418) - 32,745 (32,745) - Fund balances brought forward at 1 April 2021 360,310 29,795 390,105 170,974 50,765 221,739				•			-	
Net income/(expenditure) (15,295) (8,420) (23,715) 156,591 11,775 168,366 Transfers between funds 7,418 (7,418) - 32,745 (32,745) - Fund balances brought forward at 1 April 2021 360,310 29,795 390,105 170,974 50,765 221,739	Depreciationand loss on disposal of assets		16,117	_	16,117	176	-	176
Transfers between funds 7,418 (7,418) - 32,745 (32,745) - Fund balances brought forward at 1 April 2021 360,310 29,795 390,105 170,974 50,765 221,739	Total resources expended		70,046	28,570	98,616	30,947	19,043	49,990
Fund balances brought forward at 1 April 2021 360,310 29,795 390,105 170,974 50,765 221,739	Net income/(expenditure)		(15,295)	(8,420)	(23,715)	156,591	11,775	168,366
	Transfers between funds		7,418	(7,418)	•	32,745	(32,745)	-
Fund balances carried forward at 31 March 2022 352,433 13,957 366,390 360,310 29,795 390,105	Fund balances brought forward at 1 April :	2021	360,310	29,795	390,105	170,974	50,765	221,739
	Fund balances carried forward at 31 Marci	1 2022	352,433	13,957	366,390	360,310	29,795	390,105

BALANCE SHEET

YEAR ENDED 31 March 2022

			2022		2021
	Notes		£		£
Fixed assets					
Tangible fixed assets	5		303,692		300,990
Current assets					
Accounts receivable		432		-	
Prepayments and accrued income		7,761		666	
Cash at bank and in hand		58,772		93,306	
		66,965		93,972	
Creditors: amounts falling due					
within one year	6	4,267		4,857	
Net current assets			62,698		89,115
Net assets			366,390	,	390,105
Represented By:					
Restricted funds	7		13,957		29,795
Unrestricted income funds:					
General funds	8		337,433		345,310
Buildings reserve	8		-		-
Specialist services reserve	8		15,000		15,000
Total funds			366,390		390,105

Approved by the trustees and authorised for issue on 35 and signed on their behalf by

Mr M.I.Haverson

M. Havers

Trustee

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 March 2022

1 Principal accounting policies

General information and basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective 1 January 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of a public benefit entity under FRS 102. The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £.

Fund accounting

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds comprise of a buildings reserve to provide funds for potential building repairs, replacement or relocation and a specialist services reserve to provide specialised services to members such as physiotherapy.

Restricted income funds are subjected to restrictions on their expenditure imposed by the donor or through the terms set out in its use,

Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Deferred income represents amounts received in respect of future periods. It is released to the statement of financial activities when the conditions of entitlement has been met.

No amount is included for volunteer time in line with SORP (FRS 102).

Grants

Grants are accounted for under the performance model. Grant income is recognised as follows:

- a grant that does not impose specified future performance-related conditions on the recipient is recognised in income when the grant proceeds are received or receivable;
- a grant that imposes specified future performance-related conditions on the recipient is recognised in income only when the performance-related conditions are met; and
- grants received before the revenue recognition criteria are satisfied are recognised as a liability.

Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the statement of financial activities as the related expenditure is incurred.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Allocation of support costs

Support costs are those that assist the work of the charity but do not directly represent charitable activities. They are incurred directly in support of expenditure on the objects of the charity and have been all allocated against charitable activities. The full details of the expenditure are shown on the Statement of Financial Activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended. Depreciation is provided on all tangible fixed assets, once they are available to use, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Buildings and improvements

Over the life of the lease

Furnishings and equipment IT equipment

5 years

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at the transaction price. Any losses arising from impairment are recognised in expenditure.

Other employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled to recognise at the undiscounted amount expected to be paid in exchange for that service.

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 March 2022

1 Principal accounting policies continued

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Whilst the impact of the Covid-19 pandemic has been assessed by the trustees, so far as is reasonably possible, due to its unprecedented impact it is difficult to evaluate with any certainty the potential outcomes on the charity's future activities. However, taking into consideration the charity's level of reserves, the trustees believe that the charity will be able to continue in operational existence for the foreseeable future and is able to meet its liabilities as they fall due. The trustees have considered a number of severe but plausible scenarios to ensure the charity has sufficient reserves to prepare the accounts on a going concern basis.

Estimates and judgements

Depreciation rates and useful economic lives of the tangible fixed assets are the only elements of estimates and judgements applied by the trustees. Following the conclusion of the building the trustees have reasessed the future useful economic lives of the tangible fixed assets. They have considered the life of the lease to be an appropriate life for the building expenditure as there is no guarantee of future economic benefit after this time and all other assets are considered to have a fixed life rather than utilising the reducing balance method. No other judgements are applied.

2 Government grants

During the year, government grants of £10,000 (2021 - £19,907) were received from Horsham District Council and £nil (2021 - £20,207) were received from Horsham District Council Lottery - Covid response in relation to Covid-19.

3 Staff costs

Staff costs for the period were as follows:

	2022 £	2021 £
Gross wages National insurance	20,116	34,837
Pension Contributions	499 20,615	1,821 36,658

All wages and salaries are for key management personnel. One part time staff member has been employed in the period (2021 - two).

There were no staff paid over £60,000 per annum (2021 - nil).

No trustees were paid any remuneration or reimbursed any expenditure during the period (2021 - nii).

4 Independent examination

Total remuneration for the period amounted to £1,800 (2021: £Nil).

5 Tangible fixed assets

	IT Equipment	Buildings and improvements	Extension in progress	Furnishings and equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2021	-	19,270	300,809	8,370	328,449
Additions	1,404	8,717		8,698	18,819
Disposals	-	-	-	(1,570)	(1,570)
Reclassification	-	300,809	(300,809)	-	-
At 31 March 2022	1,404	328,796		15,498	345,698
Depreciation					
At 1 April 2021	-	19,207	-	8,252	27,459
Charge for the period	426	14,616	-	970	16,012
Disposals	-	-	-	(1,465)	(1,465)
At 31 March 2022	426	33,823		7,757	42,006
Net book value					
At 31 March 2022	978	294,973	-	7,741	303,692
At 31 March 2021		63	300,809	118	300,990

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 March 2022

6 Creditors		
	2022	2021
	£	E
Trade Creditors	1,225	-
Other creditors and accruals	3,041	2,114
Deferred income	-	2,743
	4,267	4,857
Creditors includes deferred income:		
	2022	2021
	£	£
As at 1 April	2,743	2,576
Amount released to incoming resources	(2,743)	(2,576)
Amount deferred in the year	-	2,743
As at 31 March		2,743

Deferred income in the prior year related to members subscription fees received in advance.

7 Restricted funds

	Fixtures and Fittings	Special projects and trips £	Wheelchair lap trays £	Club management and development £	Green house £	Garden development £	Kitchen equipment £
At 1 April 2020	-	14,154	260	-	1,000		779
Income received	9,225	500	-	14,257	-	-	-
Resources expended	(4,786)	-	_	(14,257)	-	_	_
Transfers		-	_	· · ·	-	-	-
At 31 March 2021	4,439	14,654	260	-	1,000		779
Income received	2,200	-	-	10,000	-	7,750	200
Resources expended	-	-	-	(10,000)	-	(12,490)	(200)
Transfers	(6,639)	(4,740)	-		-	4,740	(779)
At 31 March 2022		9,914	260	-	1,000		_

	Therapies Project	Christmas Activities	Building extension	Total
	£	£	£	£
At 1 April 2020	7,873	790	25,909	50,765
Income received	-	-	6,836	30,818
Resources expended	-	•	-	(19,043)
Transfers	-	-	(32,745)	(32,745)
At 31 March 2021	7,873	790		29,795
Income received	-	-		20,150
Resources expended	(5,880)	-	-	(28,570)
Transfers	•	-	-	(7,418)
At 31 March 2022	1,993	790		13,957

The fixtures and fittings fund was created following the completion of the building extension and the need to update the furniture and fittings in the club. Additional funding in the year was in relation to improving the acoustics in the club. The club fit out was completed during the year resulting in the transfer to fixed assets.

The special projects and trips fund is to be used to meet transport costs on holidays and other outings and various costs associated with special projects. The fund balance carried forward mainly consists of grants and donations received to be used on members' activities. Following agreement with a provider of the funding for the holiday due to the impact of COVID it was agreed their funding could be utilised for the development of a new garden at the club and hence transferred to the garden development fund. Activities for the group are anticipated to commence in the next year.

The wheelchair lap tray fund was created due to a specific donation being made to assist the charity in acquiring additional lap trays.

The club management and development fund is used to pay for the provision, management and development of day care for stroke survivors, including the salaries of the staff.

The Garden development fund was created to contribute towards the development of the outside space for the members. It was fully utilised this year.

The kitchen equipment fund is used for the improvement of the kitchen facilities at the premises. It was utilised in the current year towards a new cooker resulting in the funds being transferred to fixed assets.

The Greenhouse fund will be used to purchase a greenhouse in the new landscaped gardens. This is expected to be completed following the expansion of the club.

The Therapies project fund was created in response to the trustees desire to provide wider support to the members. The additional funds received in the year were in relation to using specialist speech and language therapies for courses for our members and their respective families. It is expected to be utilised over the next several years.

The Christmas activities fund was created following a number of donations to support Christmas meals for the members. It is expected to be used for future events.

The Building extension fund is in respect of funds received towards the extension of the club. Monies spent on the extension during the prior year were transferred to general funds to reflect the value of the fixed asset addition funded by restricted funds.

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 March 2022

8 Unrestricted funds				
	General funds	Buildings reserve	Specialist services reserve	Total
	£	£	£	£
At 1 April 2020	116,656	39,318	15,000	170,974
Income received	187,538	-	•	187,538
Resources expended	(20,947)	-	-	(30,947)
Transfers	72,063	(39,318)	-	32,745
At 31 March 2021	345,310	-	15,000	360,310
Income received	54,751	-	-	54,751
Resources expended	(70,046)	-	-	(70,046)
Transfers	7,418	-	-	7,418
At 31 March 2022	337,433		15,000	352,433

The buildings reserve had been designated to provide funds for potential building repairs, replacement or relocation. Monies spent on the extension during the year have been fully transferred to general funds to reflect the value of the fixed asset addition funded by restricted funds.

The specialist services reserve has been designated to provide specialised services to members such as physiotherapy.

9 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds	Total
At 31 March 2022	_	-	-
Tangible fixed assets	303,6 9 2	-	303,692
Cash at bank and in hand	44.815	13,957	58,772
Other net current assets/(liabilities)	3,926	-	3,926
	352,433	13,957	366,390
At 31 March 2021			
Tangible fixed assets	300,990	-	300,990
Cash at bank and in hand	60,768	32,538	93,306
Other net current assets/(liabilities)	(1,448)	(2,743)	(4,191)
	360,310	29,795	390,105

10 Pensions commitments

The charity operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £499 (2021 - £1,821). Contributions totalling £91 (2021 - £nil) were payable to the fund at the balance sheet date and are included in creditors.

11 Related party transactions

There were no related party transactions requiring disclosure in the current or prior year.

12 Operating lease commitments

The charity has total future minimum leases commitments under non-cancellable operating leases as follows:

Amounts payable	2022	2021
	£	£
Within one year	300	300
In 2 to 5 years	1,200	1,200
In more than 5 years	4,800	5,100
Total	6,300	6,600

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

THE PHOENIX STROKE CLUB

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022, which are set out on pages 5 to 10.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or

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3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Dated: 30 January 2023

Lucy Hammond BSc FCA

For and on behalf of Kreston Reeves LLP Chartered Accountants 9 Donnington Park 85 Birdham Road Chichester West Sussex PO20 7AJ