



**THE PHOENIX STROKE CLUB,
FOREST COMMUNITY SCHOOL,
COMPTONS LANE, HORSHAM,
WEST SUSSEX. RH13 5NJ
PHONE NUMBER 01403 268130
REG CHARITY NO 278998**

NOVEMBER 2021 NEWSLETTER

Dear Members, Carers & Volunteers

The Trustees are delighted to welcome our new Club Supervisor Renata Bielinska who started work at the Club on 8 November. Renata's hours of work will be 9am to 4pm on Mondays, Tuesdays and Wednesdays and 9am to 1pm on Thursdays.

We are also pleased to announce that a new Occupational Therapist – Lou Johnson joined the team this month and that Speech Therapist Vikki Sutton will start work with the Communications Group on 18 November.

Please give them all a very warm welcome.

The Trustees are not appointing a new Chairman at this time. Don will continue to chair the Trustees' meetings, Celia is looking after the day to day running of the Club, Lesley will now revert to working remotely looking after admin and fundraising. Everyone else will help as & when required.

The Trustees agreed at their last meeting to invite Amy Hannigan from AH Garden Design to undertake the work on the garden. Amy has put together a very attractive and reasonable priced plan which incorporates many of the suggestions which came from the recent members/volunteers survey. With most of the required funding now in place, we hope the work will start in the February half term week.

We have had a number of generous donations recently - Karen England, who is a Science Teacher at Forest School, ran the London Marathon in aid of the Club and raised £629.41. This amount together with the £500 donated by Warninglid Charity Tennis Ladder will go towards the cost of a new range cooker. We have also received £750 from the Mannings Heath Parish Millennium Group following a Quiz Night at the Village Hall and this money will be added to the garden refurbishment fund.

Slinfold Concert Band have offered to do another fund raiser for the Club. Arrangements are still being finalised but it is likely to be on Sunday 20 March at St Marks Church Hall in North Heath Lane, Horsham.

The Clubhouse is available for hire outside normal club hours and this provides a useful income for the Club. Rates are £12 per hour for charities and £18 per hour for others. This is a very good price compared to other facilities in the Horsham area. Please speak to Celia if you know of anyone who might be interested.

Members have been making their Christmas cakes – the cost (to cover ingredients) will be £6. Please give your cash to Renata or Celia.

Christmas lunches will take place on Monday 13, Tuesday 14 & Wednesday 15 December and the Communications Group will be having their own celebration on Thursday 16 December.

The Club will be closed for weeks beginning 27 December and 3 January for Monday to Wednesday members – reopening on Monday 10 January. The Communications Group's last session before Christmas will be on Thursday 16 December and they will restart on Thursday 6 January.

Please remember that it is still necessary to do a lateral flow test before coming to the Club. This together with taking temperatures on arrival, ventilation, mask wearing and hand sanitising will keep everyone safe.

Please feel free to contact any Trustee if there are issues you wish to raise – all contact details are on the notice board in the office.

Best wishes
from the Trustees.